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Pumpkin Stuffed French Toast

Bran Appétit, branappetit.wordpress.com

Ingredients

2 slices Nature's Pride bread
1/4 cup pumpkin
1 Tbsp cream cheese
Cinnamon
Ground ginger
Pinch salt
1 tsp brown sugar
1 egg
Splash milk
1/2 apple
1/2 Tbsp maple syrup
A few pecans

Directions

1. Mix pumpkin, cream cheese, 1/2 tsp cinnamon, 1/4 tsp ground ginger, pinch of salt and brown sugar in bowl.
2. Beat egg with milk and another sprinkle of cinnamon.
3. Spread pumpkin mixture between the 2 slices of bread.
4. Dredge sandwich in egg mixture and cook in pan until egg is set/browned on both sides.
5. For the topping, heat 1/2 an apple with some cinnamon and then mix with 1/2 tablespoon of maple syrup and a couple of pecans.

